

After-School Activities (ASA)

TASIS Portugal 2024 Spring Term

1) Signup

- The number of spaces available for each activity is limited. Places are organized on a first-come, first-served basis.
- Parents must register students through the official school form on the [Parent Portal](#). (Click on the SOCS icon)
- Students can only attend the activities for which they have signed up.
- Please note that not all activities will be available to all year groups.
- Only sign your child up for a sport or activity if they are interested.
- Before signing up, take note of the price for paid activities.
- Take note of the off-site pick-up locations before signing up. All paid activities are off-site, except Dance Academy and Tile Painting.
- Activities or sports may be withdrawn if participant numbers fail to meet established minimums.

2) Payment for Paid ASA

- When making bank transfers, please state the invoice number, student ID number, or student's name as a reference to facilitate payment reconciliation.

Payments can be made with a credit card in the School Shop or by bank transfer to:

A/C Name: TASIS ASSOCIATION
IBAN: PT50 0010 0000 62415170001 57
SWIFT: BBPIPTPL

- If you have any questions regarding payments, please contact Bela at accounts@tasisportugal.org
- Note that the following activities are paid directly to the external providers: Cascais Routes and Horse Riding.
- All paid activities must be paid for each term regardless of attendance and are non-refundable, except in medical emergencies requiring a doctor's certificate.
- To cancel your child's enrollment in a sport or activity, send an email with this request to the Director of Sport, candice.vanrooyen@tasisportugal.org.

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Art

Students will work in a variety of art media and techniques such as painting, drawing, printing, modeling, and sculpture in themed or open-ended projects.

Badminton

Badminton is not just a game; it's a dynamic, fast-paced sport that's as exciting as it is accessible. Imagine the thrill of sending the shuttlecock soaring across the court, engaging in lightning-fast rallies, and mastering strategic smashes. Whether the student is a seasoned pro or a beginner looking for a new adventure, badminton offers the perfect blend of fun and fitness.

Basketball

Students will learn how to play basketball using fundamental ball skills, drills, and games.

Cascais Routes

This is a unique and exclusive annual program that offers various outdoor activities to enhance motor and cognitive skills and foster self-discovery through nature and sports. The program is delivered by a team of professional coaches. Click the [link](#) for more information. **The external provider is paid directly, and no payment is made to TASIS Portugal.**

Cheerleading

Get ready to bring the spirit and spread the cheer! Our Cheerleading Club for grades 3-5 is where young enthusiasts come together to learn the art of pep, pom-poms, and teamwork. From energetic chants to dazzling routines, our little cheerleaders develop confidence, coordination, and a whole lot of team spirit. Join us in creating a vibrant atmosphere filled with positivity, high-fives, and cheers that echo through the hallways.

Chess Club

Lower School (Beginner and Intermediate level)

Students who would like to learn to play chess or develop their skills at the game are welcome to this Chess Club. They will learn the rules, practice the basic moves, and begin to use strategies to play chess against an opponent.

Middle and High School (Beginner and Intermediate level)

Students in Middle and High School who would like to learn to play chess or develop their skills at the game are welcome to this Chess Club. They will master the moves and learn to use strategies and tactics to play chess against an opponent.

Choir (Upper School)

Calling all music enthusiasts! Students who join our upper school choir become part of something truly special. They discover the joy of making beautiful music together, forge lifelong friendships, and showcase their talent on stage. Whether they're a seasoned vocalist or just starting out, we welcome all voices with open arms. Elevate their high

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school experience and let their voice soar with us.

Clay Club

Students will explore clay as a creative medium, experimenting for relaxation and gaining confidence in their skills. They will explore hand-building techniques using air-dry clay such as coiling, pinching, and slab-making to create functional and decorative pieces. Once dry, they will add a splash of color to their creations, making each piece truly unique. Don't miss this opportunity for your child to unleash their imagination and bring home their artistic achievements.

Climbing

We are thrilled to introduce an exciting extracurricular opportunity and invite students to discover the thrill of climbing, whether upwards, downwards, or across our amazing indoor rock wall.

Crochet

Welcome to the Yarn Wizards Club – where grades 4-6 come together to create magical wonders with the power of crochet. In our cozy club, young yarn enthusiasts get to explore the art of crafting with hooks and threads, turning simple strands into fantastic creations. From adorable amigurumi friends to stylish scarves, our Yarn Wizards embark on a journey of creativity, friendship, and a touch of enchantment.

Cross Country

Cross country is long-distance running where students train and compete over open and rough terrain. The school will transport the students to different locations, and they will return to school at 17:30 for pick-up.

Dance Academy

Please consult the school [website](#) for all the dance academy information, such as pricing and genres. **If you registered the student for the previous term (Winter Term), your enrollment is automatically reserved for the following term (Spring Term), not being necessary to register again.**

ELC Board Games

Fun board games for our youngest students to develop a variety of skills that will prepare them for more complex games, such as chess. Through board games children will learn a powerful learning tool, that problem-solving ability is like a muscle: it can be strengthened with practice and learning.

ELC Construction

Children will have an array of building materials and toys to develop their natural curiosity about different materials that will guide their own learning. Children can explore mathematical concepts like size, shape, and space and deepen their understanding of these concepts in a way that is memorable, engaging, and fun.

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ELC Drama

Fun and fast-paced drama activities to build children's speaking, acting, and social skills. Children will develop life skills such as confidence, public speaking, creative thinking, and more through the magic of drama.

ELC Montessori

This club offers hands-on materials that promote independent learning and problem-solving, each focusing on a single skill for repeated practice and discovery of key learning outcomes.

ELC Music

Music and movement activities that will encourage creativity, expression, improvisation, and innovation. Children will experiment and play with instruments, sing, move, and play to rhythms. Children will create their own instruments and explore music from different cultures.

ELC Multisport

A variety of ball games to develop hand-eye coordination, gross and fine motor skills, spatial awareness, grasping skills, problem-solving skills, balance, and even language and social skills.

ELC STEM

Hands-on creative activities and experiments get children excited and engaged in Science, Technology, Engineering, and Math. In STEM club, children develop lifelong learning skills that include resilience, problem-solving, and strategic awareness.

Football

Students will learn the fundamentals of football, through skills instruction, fitness, drills, and games.

Garden Club

Calling all young nature enthusiasts! Students will dive into the enchanting world of plants and flowers with our Garden Club. From planting colorful flowers to exploring the secrets of buzzing bees, hands-on activities will make them bloom with excitement.

Golf

Students will learn how to play and understand the game. They will be transported by the School to Penha Longa Driving Range, and pick-up is at the venue at 17:00. **This is a paid club and includes transport to the venue (€406 for the term).**

Gymnastics

Gymnastics club focuses on helping students grow by developing their strength, flexibility, agility, and coordination in a fun and safe environment.

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Horse Riding

Weekly riding lessons where students can learn to ride and care for the horses. The riding school transports students to Beloura Equestrian Center, and pick-up must be at the venue at 17:00. The address is *Escola de Equitação MP Beloura, R. Moinho do Zangão 9, 2710-702, Sintra*.

This is a paid club billed by the external provider. Pricing (excluding IVA):

With at least 5 children: €750 euros (per child)

From 6 to 10 children: €400 euros (per child)

From 11 to 18 children: €260 euros (per child)

Please contact Michelle at mpbeloura@gmail.com for more information.

Hype Hour

The High-Intensity Interval Training (HIIT) class is an exhilarating workout experience like no other. A dynamic blend of heart-pounding exercises will challenge the students' limits and leave them energized. In just a short burst of intense effort followed by brief recovery periods, it boosts their metabolism and builds endurance. Whether they're fitness enthusiasts or just starting their wellness journey, HIIT is the fast track to results.

Investment Club

Unlock the doors to financial literacy and ignite the spirit of entrepreneurship. Our exclusive club is designed to provide students with a dynamic and engaging platform to dive into the world of business and investments. Have them join us for an exciting journey into the world of investments and business.

Real-World Investment Experience: Students will have the unique opportunity to manage a virtual investment portfolio with simulated funds. They'll get hands-on experience analyzing market trends, evaluating financial reports, and making strategic investment decisions just like seasoned investors.

Learn the Language of Business: In the Investment Club, students will not only develop critical financial skills but also gain a deeper understanding of the business world and language. They'll explore concepts such as market dynamics, company valuation and more, giving them a competitive edge in their academic and future professional endeavors.

Foster Critical Thinking: We encourage students to think critically, solve problems, and collaborate effectively as they navigate the ever-changing landscape of the investment world. This club fosters analytical thinking and decision-making skills that are invaluable in any field.

Building a Bright Future: Whether your child dreams of becoming a financial guru or simply wants to enhance their knowledge, this club provides a supportive and fun environment to explore their potential.

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Judo

In judo, students learn the technique of self-defense and the concept of leverage using your body weight and angles.

Lego Club

Fun and enriching activities that develop teamwork and problem solving through guided Lego projects. Opportunities for free play and creativity.

Mindfulness & Yoga

Mindfulness activities are a wonderful way to help children learn to self-regulate, calm, and soothe. It aims to offer students a space of relaxation and attention training. The objective is to help children develop skills such as focusing solely on one task at a time, working collaboratively, following instructions, and speaking and listening. Mindfulness has countless benefits to adults and children alike, ranging from developing emotional control to improving problem-solving skills.

Mini Football

Learn football in a fun environment. Our highly experienced coach will stimulate imagination and aid early development skills such as learning colors and numbers, following instructions, and playing as a team.

Mini Tennis

Mini tennis provides children with the perfect opportunity to learn the fundamentals of tennis at an early age. Designed for children aged between 4 and 10, mini tennis utilizes smaller courts, nets, and rackets, as well as lower-bouncing tennis balls to develop vital tennis skills and techniques. **This is a paid club (€220 for the term).**

MUN (Model United Nations)

(Middle School, 6-8)

If your child is in grades 6, 7, or 8 and is interested in global issues, public speaking, and debating, the TASIS Middle School Model United Nations (MUN) is for them. MUNs are simulations of the real United Nations, where participants represent different countries to discuss and debate current and historical global issues such as the environment, human rights, and international cooperation. At TASIS MUN, participants will have the opportunity to practice speaking, research, and thinking skills, and also to become confident with MUN conference rules and procedures. During the academic year, students will be offered the opportunity to participate in external MUN conferences held in the Lisbon area.

MUN (High School, 9-10)

If your child is in grades 9 or 10 and is interested in global issues, public speaking, and debating, the TASIS Middle School Model United Nations (MUN) is for them. MUNs are simulations of the real United Nations, where participants represent different countries to discuss and debate current and historical global issues such as the environment, human rights, and international cooperation. At TASIS MUN, participants will have the opportunity

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to practice speaking, research, and thinking skills, and also to become confident with MUN conference rules and procedures. During the academic year, students will be offered the opportunity to participate in external MUN conferences held in the Lisbon area.

Padel

Padel is a racquet sport that combines the elements of tennis, squash, and badminton. Extremely fun, social, and accessible for all, padel is only played in doubles and is practiced outdoors as much as indoors. The students will be transported by the School to the off-site location, BLUE Padel Korts, and pick-up must be at the venue at 17:00. The address is *R. da Tapada Nova, 2710-001 Sintra*. **This is a paid club and includes transport to the venue (€232 for the term).**

Photography Club

Students explore photography and enhance their creative expression. They learn simple photo techniques like symmetry, framing, and scale. Then they put those tips into action by taking pictures in and around the school.

Portuguese Club (beginner)

This club is like a playgroup for children who want to acquire Portuguese as a foreign language through fun and games. The goal is to develop language communication skills in a fun way, through games, songs, storybooks, and leisure.

Robotics/Coding

Would you like your child to join this after-school activity focused on designing and building robots that can solve challenges and achieve goals? Students will utilize sensors to navigate and address problems. They will also have the opportunity to compete against other teams to determine who can build and program the most effective robots.

Rugby

Seasoned tag rugby players who are ready to take their game to the next level are welcome to our advanced club, kicking it up a notch with **full contact** rugby. This isn't a beginner's club; it's for those who've already felt the thrill of tag rugby and are ready for more. They dive into the intensity of full-contact play, master the art of tackles, and experience the true grit of rugby. Please note that gum shields are mandatory.

Scuba

PADI Scuba Diving Course - Junior Open Water Certification

Requirements:

Students must be 10 years old (or older) to participate and able to swim 200m in water too deep to stand in. All dive equipment will be provided, including wetsuits. Students will need to bring to each session appropriate swimwear and a towel. Students will be covered by the Club Naval Cascais (CNC) Dive Center's insurance and the insurance of their individual instructors, therefore are not required to have any other personal insurance.

Please read on and check the dates carefully before signing up as our schedule

is different from other after-school activities.

The course price is €650 (non-refundable; make-up sessions or refunds for missed sessions will not be possible).

The Course:

This is an opportunity to gain an internationally recognized scuba diving certification with the world-renowned organization, PADI. This is the entry-level scuba certification, and no previous diving experience is required. The qualification earned by 10 to 14-year-olds is Junior Open Water Diver. This is because at the younger ages of 10 to 14, divers must always be accompanied by a dive professional (an instructor or divemaster). The Junior qualification automatically upgrades to the standard Open Water Diver qualification when the student turns 15. Therefore, this is an opportunity to obtain a scuba diving license that will last throughout the student's life and future exciting travels. With the Junior Open Water Diver License, students will be able to dive with any international dive center, as long as they are in a group led by a dive professional, and provided that they follow the related depth limits:

10 to 11-year-olds: Maximum depth of 12m

12+: Maximum depth of 18m

This thorough scuba diving course will consist of 3 components:

PADI e-Learning: Students are required to complete 5-10 hours of scuba diving theory, including quizzes to check understanding. This must be completed in the student's own time before our scheduled sea dives. This theory course can be completed online or using the PADI app on a smartphone/tablet device. The content is not difficult, but it is essential to ensure student safety and to complement the practical diving sessions.

6 Confined Water Sessions: Over 6 swimming pool sessions, students will learn and practice diving skills to prepare them for the sea. These sessions will be held at a private swimming pool in Cascais from 16:15-17:45. School organized transport will take the students to the swimming pool. **At 17:45 parents will need to pick students up outside the swimming pool.** If a student misses one pool lesson, it will be possible to catch them up in the remainder of the classes, however we cannot offer make-up sessions for students that miss more than one pool lesson.

4 Open Water Dives: Students will complete 4 sea dives in Cascais, where they will present the skills that they have practiced during the pool sessions. We will be diving from the shore, or from the CNC dive rib boat to a local coastal dive site in accordance with the sea conditions on the day.

Course Dates:

It is important that students will be available for all of the sessions listed below. Please carefully check your availability on these dates before signing up:

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- Wednesday, April 17. Pick up at 17:00 from TASIS after a theory session in the classroom
- Wednesday, April 24. Pick up at 17:45 at the swimming pool in Birre Cascais
- Wednesday, May 8. Pick up at 17:45 at the swimming pool in Birre Cascais
- Wednesday, May 15. Pick up at 17:45 at the swimming pool in Birre Cascais
- Wednesday, May 22. Pick up at 17:45 at the swimming pool in Birre Cascais
- *Friday, May 24 (Week B). Pick up at Cascais Marina at approximately 18:00 after sea dives
- Wednesday, May 29. Pick up at 17:45 at the swimming pool in Birre Cascais
- Wednesday, June 5. Pick up at 17:45 at the swimming pool in Birre Cascais
- *Friday, June 7 (Week B). Pick up at Cascais Marina at approximately 18:00 after sea dives

**Please note that the timings around the 2 sea dive dates may change according to weather conditions, and we will clarify these closer to the date. We have scheduled possible contingency dates. We will ensure that all students complete the course.*

Speech and Debate

This provides Upper School students with an opportunity to hone their public speaking skills. Participants will collaborate to refine their speeches for TASIS Speaks, engage in debate tournaments, and conquer nervousness. Topics encompass a wide range, including politics, current events, entertainment, and more.

Speed Stacking

Speed stacking is both an individual and team sport that involves stacking nine or 12 specially designed cups in pre-determined sequences as fast as you can. The benefits include hand-eye and bilateral coordination, body-brain connections, distribution of practice, and fitness.

Surfing

The Hooked Surf School offers group surf lessons, kids surf club, surfboard, and wetsuit hire. The choice of different beach breaks, consistent waves, and natural beauty add to the experience of learning to surf in a safe, fun, and friendly environment. The surf school will transport the students to the location, which can vary between either *Carcavelos* or *Guincho* beach (depending on the waves), and pick-up must be at the location at 18:00.

This is a paid activity invoiced directly by the surf school (€20 per lesson).

Table Tennis (Ping Pong)

Welcome to the world of Social Table Tennis – where the thrill of the game meets the joy of social connection! Whether you're a seasoned pro or a casual player, our table tennis community is all about rallying with friends, laughter, and a bit of healthy competition. Join us for some fast-paced fun, make new friends, and unleash your inner ping pong champion.

Taekwondo

Regardless of age and gender, every child's self-esteem can benefit from learning the

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basics of self-defense in a fun and stimulating environment. Taekwondo is a Korean martial art known for the gracefulness of its movements. At TASIS, we are privileged that Taekwondo is taught twice a week by Ana Paula Silva, 6th Dan, the country's highest ranked female practitioner, with over 30 years' teaching experience. Her classes are extremely high-energy and use games and other fun activities to develop courtesy, self-control, discipline, and correct movement.

TASIS Big Band

The TASIS Big Band club offers a fantastic opportunity to come together with friends and engage in the joy of making music. Participants will have the chance to explore a variety of musical styles, learn the art of improvisation, and, most importantly, have a great time creating music. The club is open to anyone who has been learning an instrument for a term or longer.

T-Ball

T-ball is a delightful introduction to the world of baseball designed specifically for young children. T-ball focuses on fostering fundamental motor skills, hand-eye coordination, and teamwork in a fun and supportive environment. In this modified version of baseball, young players hit a stationary ball placed on a tee rather than pitched by another player. The emphasis is on introducing the basic rules of the game, instilling a love for physical activity, and building a foundation for future sports engagement.

Tennis

Hand-eye coordination, motor control, ball tracking, and striking skills while building balance, foot speed, strength, fitness, agility, and flexibility. The students will be transported by the School to Beloura Tennis Academy, and pick-up must be at the venue at 17:00. The address is *Alameda da Beloura 5, 2710-694, Sintra*. **This is a paid club and includes transport to the venue (€254 for the term).**

The Inventors

Students will embark on a weekly journey where each session unveils a new realm of creative superpowers. They will unleash their imagination while crafting a unique board game, diving into the world of electronic synthesizers, or delving into the artistry of stop-motion filmmaking. These engaging programs are designed to ignite their creativity, offering a spectrum of hands-on experiences that transform each moment into a discovery of their limitless creative potential. **This is a paid club (€165 for the term).**

Tile Painting

We are thrilled to announce that students enrolled in the tile painting course will now have the unique opportunity to participate in a collaborative project to create a beautiful wall mural that will be permanently displayed at TASIS. All participants will have their names included in the design, making it a truly collective effort. This project promises to be a rewarding and enriching experience for all involved. **This is a paid club (€235 for the term).**

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Yoga

The yoga club aims to teach students about relaxation, meditation, and inner peace while having fun. Namaste!

Zumba

This is a super fun fitness class that combines Latin rhythms and easy to follow moves. It is inspired by Latin dance and music and uses a variety of styles in the routines, including cumbia, merengue, salsa, reggaeton, mambo, rumba, flamenco, samba, and hip-hop.

TASIS Portugal 2024 Spring Term ELC After-School Activities (ASA) Schedule

Pre-Kindergarten ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
Supervised Play	Art & Craft	Hip Hop (€)	Pre-ballet (€)	Supervised Play
Dance Fun (€)	Mindfulness	Multisport	Gymnastics	Forest School - Week B (€)
	Hip Hop (€)	Construction	Judo	
	Pre-ballet (€)	Early Literacy Club	Board Games	
	Mini Tennis (€)	Montessori	Dance Fun (€)	
	Music			

Kindergarten ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
Supervised Play	Gymnastics	Mini Tennis (€)	Mini Football	Supervised Play
Dance Fun (€)	STEM	Judo	Lego	Forest School - Week B (€)
	Puzzle	Art	Drama	
	Pre-ballet (€)	Portuguese	Pre-Ballet (€)	
	Hip Hop (€)	Hip Hop (€)	Dance Fun (€)	
		The Inventors (€)	Music	

TASIS Portugal 2024 Spring Term ES After-School Activities (ASA) Schedule

Grade 1 ASA Schedule

€ = PAID

No ASA on Mondays and Fridays

Tuesday	Wednesday	Thursday
Cascais Routes (€)	Judo	Surfing (€)
T-Ball	Golf (€)	Yoga and Mindfulness
Gymnastics	Portuguese Beginner	Cascais Routes (€)
Padel (€)	Tennis (€)	Climbing
Ballet (€)	Lego	Football
Contemporary Dance (€)	Basketball	Art
Garden Club	Coding	Ballet (€)
The Inventors (€)	Contemporary Dance (€)	
	Cascais Routes (€)	

Grade 2 ASA Schedule

€ = PAID

No ASA on Mondays and Fridays

Tuesday	Wednesday	Thursday
Cascais Routes (€)	Coding	Football
T-Ball	Tennis (€)	Art
Surfing (€)	Portuguese Beginner	Mindfulness & Yoga
Padel (€)	Basketball	Speed Stack
Gymnastics	Golf (€)	Lego
Horse Riding (€)	Judo	Jazz Dance (€)
Ballet (€)	Climbing	Surfing (€)
Contemporary Dance (€)	Contemporary Dance (€)	Ballet (€)
Garden Club	Horse Riding (€)	Cascais Routes (€)
The Inventors (€)	Choir	Horse Riding (€)

Grade 3 ASA Schedule

€ = PAID

No ASA on Fridays

Monday	Tuesday	Wednesday	Thursday
Cascais Routes (€)	Cascais Routes (€)	Football (Boys)	Speed Stack
	Coding	Clay Club	Art
	Basketball	Gymnastics	Tennis (€)
	Golf (€)	Padel (€)	Surfing (€)
	Chess	Yoga	Jazz (€)
	Judo	Photography	Horse Riding (€)
	Climbing	Contemporary Dance (€)	Cascais Routes (€)
	Surfing (€)	Horse Riding (€)	Cheerleading
	Horse Riding (€)	Cascais Routes (€)	Ballet (€)
	Ballet (€)	Choir	
	Contemporary Dance (€)		
	The Inventors (€)		

Grade 4 ASA Schedule

€ = PAID

No ASA on Fridays

Monday	Tuesday	Wednesday	Thursday
Cascais Routes (€)	Climbing	Cascais Routes (€)	Tennis (€)
Contemporary Dance (€)	Judo	Padel (€)	Crochet
	Basketball	Football (Boys)	Speed Stack
	Chess	Clay Club	Surfing (€)
	Surfing (€)	Gymnastics	Art
	Tile Painting (€)	Photography	Cheerleading
	Ballet (€)	Yoga	TASIS Big Band
	Horse Riding (€)	Contemporary Dance (€)	Ballet (€)
	Coding	Choir	Jazz Dance (€)
	Golf (€)	The Inventors (€)	Horse Riding (€)
		Scuba (PADI course) (€)	

Grade 5 ASA Schedule

€ = PAID

No ASA on Fridays

Monday	Tuesday	Wednesday	Thursday
Rugby	Chess	Choir	Jazz Dance (€)
Cascais Routes (€)	Tile Painting (€)	Taekwondo	Ballet Advanced (€) (5-6 pm)
Surfing (€)	Table Tennis	Padel (€)	Judo
Contemporary Dance (€)	Golf (€)	The Inventors (€)	TASIS Big Band
	Speed Stack	Clay Club	Basketball (Boys)
	Tennis (€)	Photography	Gymnastics
	Horse Riding (€)	Scuba (PADI course) (€)	Robotics and Coding
	Ballet Advanced (€) (5-6 pm)	Horse Riding (€)	Horse Riding (€)
	Baseball	Contemporary Dance (€)	Cheerleading
		Basketball (Girls)	Crochet

TASIS Portugal 2024 Spring Term US After-School Activities (ASA) Schedule

Grade 6 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday
Rugby	Baseball	Scuba (PADI course) (€)	Chess
Contemporary Dance (€)	Speech and Debate	Basketball (Girls)	MUN
Surfing (€)	Speed Stack	Taekwondo	Basketball (Boys)
	Golf (€)	Contemporary Dance (€)	Robotics and Coding
	Tile Painting (€)	Padel (€)	TASIS Big Band
	Tennis (€)	Horse Riding (€)	Crochet
	Ballet Advanced (€) (5:00-6:00 pm)	The Inventors (€)	Ballet Advanced (€) (5:00-6:00 pm)
	Horse Riding (€)	Choir	Judo
	Table Tennis		

Grade 7 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday
Contemporary Dance (€) (5-6 pm)	Basketball (Boys)	Badminton	TASIS Big Band
Jazz Dance (€)	Basketball (Girls)	Taekwondo	MUN
Rugby	Tennis (€)	Scuba (PADI course) (€)	Padel (€)
Robotics and Coding	Speed Stack	Zumba	Basketball (Boys)
Surfing (€)	Hype Hour (Girls)	Contemporary Dance (€) (5-6 pm)	Basketball (Girls)
	Ballet Advanced (€) (5:00-6:00 pm)	Golf [€]	Chess
	Speech and Debate	Table Tennis	Judo
	Cross Country (4:00-5:30 pm)	Choir	Ballet Advanced (€) (5:00-6:00 pm)

Grade 8 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday
Rugby	Basketball (Boys)	Scuba (PADI course) (€)	TASIS Big Band
Contemporary Dance (€) (5:00-6:00 pm)	Basketball (Girls)	Taekwondo	MUN
Jazz Dance (€)	Tennis (€)	Golf (€)	Basketball (Girls)
Robotics and Coding	Speed Stack	Badminton	Basketball (Boys)
Surfing (€)	Hype Hour (Girls)	Zumba	Padel (€)
	Speech and Debate	Contemporary Dance (€) (5:00-6:00 pm)	Ballet Advanced (€) (5:00-6:00 pm)
	Cross Country (4:00-5:30 pm)	Table Tennis	Chess
	Ballet Advanced (€) (5:00-6:00 pm)	Choir	Judo

Grade 9 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday
Robotics and Coding	Investment Club	Scuba (PADI course) (€)	TASIS Big Band
Basketball (Boys)	Cross Country (4:00-5:30 pm)	MUN	Padel (€)
Jazz Dance (€)	Speed Stack	Badminton	Rugby
Surfing (€)	Tennis (€)	Taekwondo	Chess
Contemporary Dance (€) (5:00-6:00 pm)	Tile Painting (€)	Zumba	Basketball (Girls)
	Hype Hour (Girls)	Basketball (Boys)	Ballet Advanced (€) (5:00-6:00 pm)
	Speech and Debate	Contemporary Dance (€) (5:00-6:00 pm)	
	Basketball (Girls)	Choir	
	Ballet Advanced (€) (5:00-6:00 pm)		

Grade 10 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday
Contemporary Dance (€) (5:00-6:00 pm)	Speech and Debate	Scuba (PADI course) (€)	TASIS Big Band
Surfing (€)	Cross Country (4:00-5:30 pm)	MUN	Padel (€)
Basketball (Boys)	Speed Stack	Zumba	Basketball (Girls)
Jazz Dance (€)	Tennis (€)	Taekwondo	Chess
Robotics and Coding	Tile Painting (€)	Badminton	Rugby
	Hype Hour (Girls)	Contemporary Dance (€) (5:00-6:00 pm)	Ballet Advanced (€) (5:00-6:00 pm)
	Investment Club	Golf (€)	
	Basketball (Girls)	Choir	
	Ballet Advanced (€) (5:00-6:00 pm)		